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Dharma Publika Jurnal Penelitian dan Pengabdian Masyarakat

Journal homepage: <http://jurnal.yoii.ac.id/index.php/dharmapublika>



Mentoring and Training in Handling Adolescent Moral Problems in the Rusa Putih Martial Arts Community, Kab. Bengkulu Tengah

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ARTICLE INFO:

Submitted: Januari 12, 2023; Accepted: Januari 25, 2023; Revised: February 24, 2023; Published: March 30, 2023

KEYWORDS

Adolescent;
Martial arts;
Mentoring and
training;
Moral problem

ABSTRACT

The purpose of this study was to find out the forms of youth moral problems and the trainer's efforts in overcoming them in the Rusa Putih Pencak Silat Community, Kab. Central Bangalore. This type of research uses a qualitative descriptive method. Collecting data using observation, interviews, and documentation. The results of the study revealed the findings showing that through mentoring and training many achievements were obtained and increased achievement for the youth of the Deer Putih pencak silat community. The existence of the Deer martial arts community is very important for the youth of Tengah Padang Village because there are many positive things that can be obtained. The conclusion of the research shows that efforts to deal with adolescent moral problems include providing sports fields, facilitating activities, and holding religious guidance. White Pencak Silat Community Kab. Central Bengkulu is a place for deepening commendable morals through religious knowledge.

KATA KUNCI

Masalah moral;
Pencak silat;
Pendampingan dan
pelatihan;
Remaja;

ABSTRAK

Tujuan penelitian ini adalah untuk mengetahui bentuk-bentuk permasalahan moral remaja dan upaya pelatih dalam menanggulangi di Komunitas Pencak Silat Rusa Putih Kab. Bengkulu Tengah. Jenis penelitian menggunakan metode deskriptif kualitatif. Pengumpulan data menggunakan observasi, wawancara, dan dokumentasi. Hasil penelitian mengungkapkan temuan menunjukkan bahwa melalui pendampingan dan pelatihan banyak prestasi yang didapat dan peningkatan prestasi remaja komunitas pencak silat Rusa Putih. Keberadaan komunitas pencak silat Rusa sangat penting bagi remaja Desa Tengah Padang karena banyak hal positif yang didapat. Kesimpulan penelitian menunjukkan bahwa upaya penanganan masalah moral remaja salah satunya dengan menyediakan lapangan olah raga, memfasilitasi kegiatan, dan mengadakan bimbingan keagamaan, langkah-langkah tersebut dilakukan agar remaja melakukan kegiatan yang positif dan terarah yang membuat remaja menjadi Rusa. Komunitas Pencak Silat Putih Kab. Bengkulu Tengah merupakan wadah pendalaman akhlak terpuji melalui ilmu agama.

INTRODUCTION

Education is a process of self-maturation both in thinking and behaving. The educational process must be based on the Qur'an and Al-Hadith. Education is also a dynamic cultural transition towards sustainable change, so education is considered a bridge that builds culture and civilization for humans (Amin et al, 2022). Islamic religious education is a lesson that is always applied in everyday life. The purpose of Islamic religious education is to realize the ideals of Islam, containing the value of human behavior. That the purpose of Islamic education is to realize Islamic ideals, while Islamic ideals themselves are essentially containing

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the value of human behavior which is based on or inspired by faith and piety to Allah SWT as a source of absolute strength that must be obeyed (Mulyadi, 2017). Education is a planned effort in the process of mentoring and learning for individuals to develop and grow into independent, responsible, creative, knowledgeable, healthy, and noble human beings, both seen from the physical and spiritual aspects. Education today is increasingly decorated with various practices that are contrary to the nature of education itself. How children who used to be known as good children are now happy to fight, get angry easily, and lose their manners, both at home, at school, and in society.

In terminology, the word morality is defined in various ways (Ahmad & Mamid, 2017). Morals have a big role in human life. The development of good morals for adolescents is increasingly felt necessary, especially when humans in modern times are faced with serious moral and moral problems, which if left unchecked will destroy the nation's future. Therefore, moral development starts from an individual movement, which is then projected to spread to other individuals, then after a large number of morally enlightened individuals will automatically color society (Manan, 2017). Moral development is the effort and action of activities carried out efficiently to obtain good results. Moral development in question is a series of activities that lead to the process of forming and perfecting morals. This religious character is very much needed in the face of changing times and moral degradation. High academic ability will look perfect if it is balanced with a religious character that is following Islamic values (Amin, et al. 2021).

Adolescence is a transitional period between the life of children and the period of adult life which is marked by biological and psychological growth and development (Hidayati & Farid. 2016). Adolescence is characterized by unstable mental conditions, uncertainty, and usually difficult control so negative influences such as deviant behavior as a result of shifting values easily affect the adolescent's soul and cause new symptoms in the form of a moral crisis among the younger generation. Global developments and advances in science and technology are one of the factors in the rapid decline in morals experienced by adolescents. These indicators can be seen including the attitudes and behavior of adolescents who tend to be irritable, lack respect for parents, be rude, lack discipline in worship, become heavy drinkers, and speak harshly to parents.

Good and bad youth in the future will be determined by the current generation who become mentors and educators of adolescents. The assessment of the good and bad of the human person is very much determined by the environment around him, not only the environment, even friends, parents, teachers, and the community as well as the education that is instilled from childhood in his daily life. Get used to it in such a way that you will naturally be compelled to do it, without orders from outside, but encouragement from within.

The problem of adolescent morality encourages institutional trainers at Rusa Putih Martial Arts Community to try as much as possible to handle the morals of youth in the Desa Tengah Padang. Rusa Putih Martial Arts community is an institution engaged in the field of martial arts. This institution has the aim and purpose of forming a young generation of noble character, with faith and morals we become strong, and without faith and morals, we become weak. Activities carried out this activity is held regularly 3 times a week. With the efforts and control of the trainer, it is hoped that youth with a knight spirit can be realized who have good morals, are virtuous, and believe in the one and only God. Now there are 300 members in Rusa Putih Martial Arts Community and there are already about 6 branches spread across schools in Kab. Bengkulu Tengah. Based on the initial observations that the researchers did, there were several adolescents in the Desa Tengah Padang Kec. Talang Empat, Kab. Bengkulu Tengah has moral problems, namely, some adolescents like to steal, say rude things to their parents, and often drink hard. Based on the problems in the background above, one of the reasons for researchers to take the title "Mentoring and Training in Handling Adolescent Moral Problems in Rusa Putih Martial Arts community, Bengkulu Tengah" is necessary and very important to doing.

Education is strived to shape character and physical and spiritual health following religious teachings (Amin, et al. 2021). Character is a moral and mental quality of a person whose formation is influenced by innate and environmental factors (Utomo & Alawiyah, 2022). Character is not merely something that can be passed down from generation to generation, but the character is formed through the formation of good

morals of students. Moral education is not only instilled through formal education. However, moral education is a shared responsibility. Therefore, cooperation between all parties, teachers, families, and communities greatly affects the success of education (Mulyadi, 2017).

METHOD

The type of research used in this research is qualitative research with descriptive methods. Qualitative research is a study that intends to understand the phenomenon of what happens or is experienced by the research subject, for example, behavior, perception, motivation, and action (Moelong, 2020). Qualitative research is used to describe everything related to the implementation of the Bengkulu White Deer Martial Arts College Efforts in Dealing with Adolescent Moral Problems in Central Padang Village, Talang Empat District, Central Bengkulu Regency.

This research was carried out in 2021. The subjects of this study included: 3 trainers, 4 youths, 1 religious leader coach, and 2 adolescents parents. Data collection techniques in this study include interviews, observation, and documentation. With data analysis techniques using data reduction, data display data presentation, concluding, and verification. Meanwhile, the data validity test uses perception persistence and triangulation.

The procedure of this research includes (1) the description stage, namely describing what is seen, heard, and felt about the information obtained; (2) the reduction stage, namely reducing all the information obtained in the first stage to focus on certain problems; (3) the selection stage, which describes the focus that has been set in more detail and then conducts an in-depth analysis of the focus of the problem.

RESULT AND DISCUSSION

Result

a. Forms of Adolescent Moral Problems at the Rusa Putih Martial Arts Community

Given the consequences of meeting the scientist with the informant MJ. at the Rusa Putih Martial Arts Community, the following data were obtained:

"As we can see, there are adolescents in the Rusa Putih Martial Arts community, Bengkulu Tengah that are currently in decline, as has been. The perspective and behavior of adolescents often disturb the community. The way adolescents behave is often Islamic. Violation of rules and standards. It's a way of behaving that includes eating, drinking, lack of courtesy and courtesy to elders, and frequent denial when given advice (Interview with US. 2020)."

In the meeting with informant MJ, we can see the morals of adolescents at the Rusa Putih Martial Arts community. This must be seen in the behavior of adolescents who often abuse Islamic rules and appropriate norms. Adolescents are also often troublesome to society.

To find out this type of ethical problem, it can be seen from the explanation below.

1) Steal

The behavior of young people in the Rusa Putih Martial Arts community is very bad. This must be seen in the way they behave which burdens their parents. Teens caught taking products from the local area. From the meeting with the informant MJ. As the head of the college at the Rusa Putih Martial Arts community, he said:

"the Rusa Putih Martial Arts community has adolescents who like to steal. Adolescents usually take rubber at PT. BAM and P.T Batanghari because they were adolescents. Because there is no pocket money to buy cigarettes, it makes them take, and they become lazy to work (Interview with AS. 2022)".

This was also confirmed by informant AS, who said "From the meeting above, we can see that adolescents in white deer colleges have adolescents who like to take. They usually steal with their teenage children from the neighboring village to take away. The explanation that young people make is that they do not have money to play, whereas they have many needs and need to buy vouchers (Interview with AS. 2022).

Given the perception of youth specialists at Rusa Putih Martial Arts community, analysts often see juveniles at white deer colleges being found taking local produce or taking PT. Elastic. The explanation that adolescents take is that they don't have jobs, but they need a lot of needs (Observation in Rusa Putih Martial Arts community, 2022).

2) Alcohol

Alcoholic beverages have existed since the time of the Prophet Muhammad, known as the *Comer*. Although drinking is denounced by religion and the state, many adolescents do drink. Dalam pertemuan dengan remaja rusa Putih Adi saputra, mengatakan:

"Drinking Tuak like this is often done by young people, usually in the rice fields (farmers' resting place), and secretly when there is a wedding party in town around night time. I drink Tuak (Interview with AS, 2022)."

From the above meeting, we can see that some white deer adolescents are often associated with drinking wine-type cocktails. They often drink in the fields and eat near the river Bankaful.

In a meeting with their parents they said:

"Adolescents often do things that are forbidden in Islam, such as drinking alcohol. In the afternoon, I often see young children. Drinking in crowded places, parties, and so on. Mostly bring palm wine to drink (Interview with adolescent Parents. 2022)."

From the meeting above, we can see that youth in the Rusa Putih Martial Arts community is still used to bad habits, one of which is drinking alcohol. I often see adolescents hanging out in the fields and getting together. They mostly brought alcohol to drink.

3) How to Speak

Speaking is an extraordinary gift given by Allah SWT. Conversations that are governed by Islamic teachings speak only useful things, maintain a strategic distance from brutal and cruel words, do not say words that hurt feelings, do not find mixed up in the way other people speak, and are disgusting (evil). Avoid words, and stay away from betrayal). /compete).

Adolescent at the Rusa Putih Martial Arts community is now getting out of control. The youth's speech is getting worse and until now it is not in line with Islamic rules. In a meeting with the coach Idah Prasetya Ningrum, said:

"The way adolescents talk to adolescents at Rusa Putih Martial Arts community continues to decline. Most adolescents when speaking are not following Islamic rules, for example saying dirty, disrespectful, and disrespectful words to their parents. I also made an unpleasant statement. in my ears, like fangs and hogs. Certain people say words they shouldn't say (Interview with AA. 2022)"

From the meeting above, it can be seen that the speaking morals of young people in adolescence at the Rusa Putih Martial Arts community are decreasing. Adolescents often speak harshly to their parents, for example by mentioning the creature's name when they reprimand them or offer guidance. They also often talk loudly and even yell at their parents when asked to follow up on something.

In a meeting with AR informants, he said:

"No doubt there are various adolescents who can talk. Adolescent at Rusa Putih Martial Arts community. Saying it doesn't need to be thought about, say what you want to say, so regardless of

whether you say dirty words, it doesn't matter. All things considered, it's my mouth, so it's my right (Interview with AR, 2022)."

From the meeting above, we can see that the morals expressed by the youth in the Rusa Putih Martial Arts community seem to be decreasing. Adolescents are told that Islam expects politeness to speak, but they are not told that what they say is bad. Therefore, you should be careful in your daily life and practice good manners.

In a meeting with parents of adolescents said:

"The morals of representing adolescents at the Rusa Putih Martial Arts community are in decline. However, there are still young adolescents who speak well, who excel, are friendly, and respect their parents. Some adolescents, for example, dogs, ears, like a pig or a pig. Some children even say things they don't (Interview with adolescent parents, 2022).

Due to the perception of Adolescent specialists in the Rusa Putih Martial Arts community, they have seen that the youth's speech has declined. Adolescents often say words that are not following Islamic law. They also often use harsh words, such as mentioning the name of creatures when they are angry. They also denied their parents' expressions. This happens when guardians ask their children to follow up on something.

b. The Trainer's Efforts to Solve Adolescent Moral Problems in the Rusa Putih Martial Arts community.

After knowing about the variables that lead to the self-confidence of adolescents and young adults in the Rusa Putih Martial Arts community of Desa Tengah Padang Kec. Talang Empat, Kab. Bengkulu Tengah, at this time we want to know what the coach's efforts are to solve the problem of adolescent morality in the Village.

Providing sports field and facilitating exercise wearing exercise can make a child's life more significant and intelligent for future endurance.

Recalling the results of the meeting with informant MJ, a youth coach at the Rusa Putih Martial Arts community, he said:

"I have prepared a playing field that I can use to prepare for the fight. One way to solve the problem of youth morals is by providing a field and sports facilities. Because with the existence of a playing field at this college, you can directly observe the activities of college youth, and immediately provide direct advice when practice takes place. "

In a meeting with the informant FF, one of the Akhlak adolescents at the Rusa Putih Martial Arts community, he said:

"The training field and facilities provided by the Rusa Putih Martial Arts community are very useful for the youth at the Rusa Putih Martial Arts community. In the past, many adolescents just smoked or played games, now they have a place that is ready to accommodate the youths. I feel that with this Rusa Putih Martial Arts community, I am more disciplined and I was taught to be a good person, a sense of responsibility, such as coming to training on time, being directed at the correct physical exercise procedures, correct punches, correct kicks, correct falls, even we give martial arts training moves following the correct IPSI rules".

Discussion

After researching mentoring and training efforts in dealing with adolescent moral problems at the Rusa Putih Martial Arts community, it was concluded that the problem was caused by a lack of religious values such as not being fortified by high spiritual aspects. at home, at school, or in the community. Madzmumah morals are despicable morals, all forms of actions that are contrary to commendable morals Disgraceful

morals are morals that are contrary to Allah's commands. This is following adolescent moral problems such as stealing, drinking, and speaking impolitely to parents (Amin. 2016).

The Problems of Youth Morals at the Rusa Putih Martial Arts community include:

a. Steal

It can be seen that some of the adolescents in the Rusa Putih Martial Arts community have stolen. People often get adolescents who steal people's agricultural products.

b. Drinks

It can be seen that adolescents in the Desa Tengah Padang are often still doing things that are forbidden by Allah SWT. One of them is drinking alcohol. Village youths gather at parties, usually bringing palm wine to drink together. This is due to the influence of peers.

c. Speak impolitely to parents

It can be seen that the speaking morals of adolescents in this white deer college are increasingly experiencing a decline. Adolescents do not realize that the words they say are not good, even though in Islam it has been explained that in speaking one must have etiquette, therefore it is necessary to pay attention and practice good speaking etiquette in everyday life that the coach of the Rusa Putih Martial Arts community must strive for.

After mentoring and training in dealing with adolescent moral problems at the Rusa Putih Martial Arts community, it appears that they have an effort that the college coaches have done quite well to deal with adolescent moral problems at the Rusa Putih Martial Arts community, this is following the results of interviews with trainers. To deal with adolescent moral problems. To deal with adolescent moral problems, the trainer applies various efforts to deal with adolescent moral problems such as providing sports fields and facilitating training activities, and carrying out religious guidance activities. Regarding how to deal with adolescent moral problems such as providing facilities (Nedianto, 2017).

The trainer's efforts in dealing with adolescent moral problems at the Rusa Putih Martial Arts community:

a. Providing sports fields and facilitating exercise activities

In overcoming the problem of adolescent morals, of them is by providing sports training fields and facilities for adolescents, with the existence of a youth sports field having positive activities, with this the trainers will more easily supervise activities and observe the moral development of adolescents.

b. Religious guidance

The efforts that the trainers make in overcoming the problem of adolescent morals are by holding religious guidance activities, shaping the character of adolescents, and having positive activities so that they do not do useless activities. by advising and being a good example for youth. The trainer is often seen advising the youth who are taking part in the training, the trainer also approaches the youth who often misbehave, such as stealing and drinking palm wine, after approaching them, they are given guidance, advice, and direct reprimand. The change is seen in the presence of adolescents who are well-behaved in praying together, Good in speaking, speaking well to coaches and parents, as well as increasing discipline in practice. So the trainer already has an effort in tackling the problem of adolescent morals to produce a positive influence on adolescents at the Rusa Putih Martial Arts community.

CONCLUSION

The results of the study concluded that the problems faced by adolescents in the Rusa Putih Martial Arts community such as stealing, speaking badly, and drinking alcohol. The steps that have been taken are to provide sports fields and facilitate training activities, coaches hold religious guidance, and provide advice to adolescents so that they understand and realize the importance of learning and studying religion following the teachings of Islamic.

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